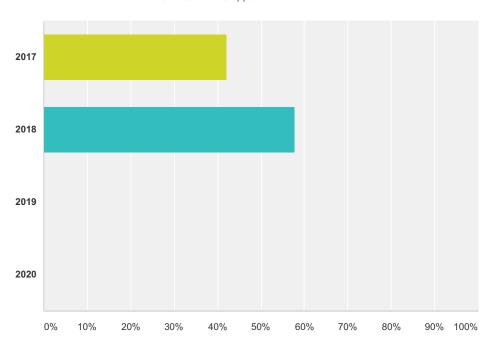
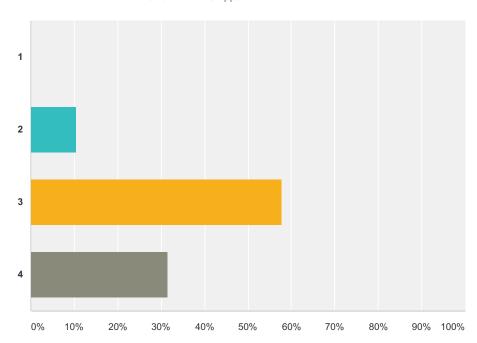
Q1 Graduation Year



Answer Choices	Responses
2017	42.11% 8
2018	57.89% 11
2019	0.00%
2020	0.00%
Total	19

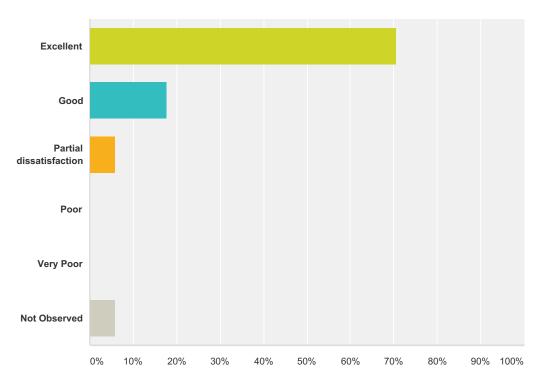
Q2 Number of Years in Program

Answered: 19 Skipped: 0



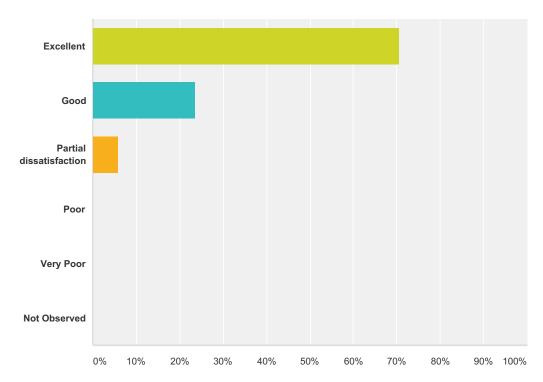
Answer Choices	Responses
1	0.00%
2	10.53% 2
3	57.89% 11
4	31.58% 6
Total	19

Q3 To what extent were athletes held to academic standards.



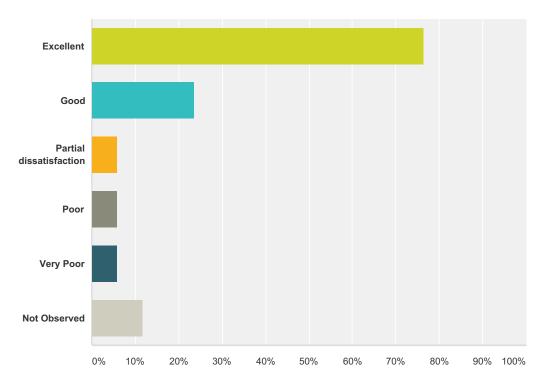
Answer Choices	Responses
Excellent	70.59% 12
Good	17.65% 3
Partial dissatisfaction	5.88% 1
Poor	0.00%
Very Poor	0.00% 0
Not Observed	5.88% 1
Total Respondents: 17	

Q4 To what extent were athletes held to conduct standards



Answer Choices	Responses	
Excellent	70.59%	12
Good	23.53%	4
Partial dissatisfaction	5.88%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 17		

Q5 To what extent were athletes held to drug, alcohol, and smoking prohibitions.

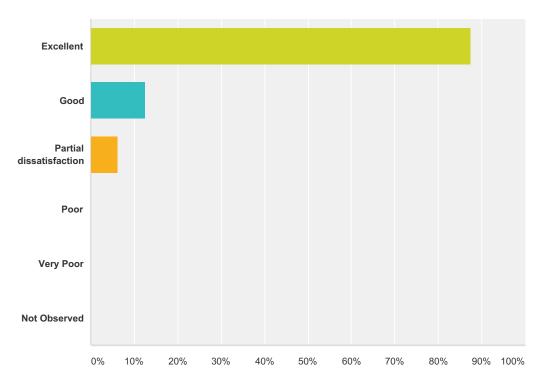


Answer Choices	Responses	
Excellent	76.47%	13
Good	23.53%	4
Partial dissatisfaction	5.88%	1
Poor	5.88%	1
Very Poor	5.88%	1
Not Observed	11.76%	2
Total Respondents: 17		

Q6 Comment:

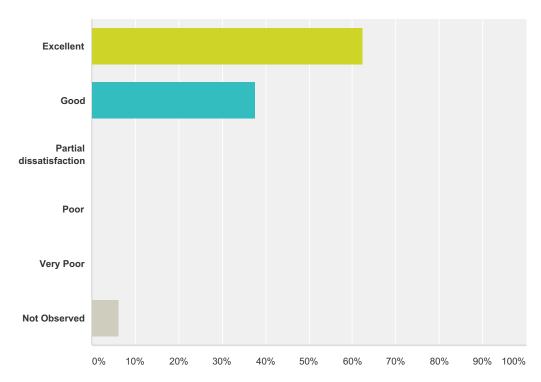
#	Responses	Date
1	High expectations.	10/26/2016 8:31 AM
2	We were held to high academic standards	10/25/2016 9:01 AM
3	Why is the comment manitory What do I comment on I liked the time in XC	10/24/2016 8:39 PM
4	I believe that the cross country team Is the most well maintained team inside the entire school.	10/24/2016 10:21 AM
5	None	10/23/2016 6:18 PM
6	no comment	10/21/2016 3:05 PM
7	Everything is fine.	10/21/2016 12:45 PM
8	Our coaches hold us fully responsible for all of our actions	10/21/2016 12:22 PM
9		10/21/2016 12:11 PM
10	Not much	10/21/2016 7:52 AM
11	none	10/21/2016 7:36 AM
12	Our team never faced any of these issues and we all got our work done	10/20/2016 8:21 PM
13	none	10/20/2016 2:16 PM
14	No comment	10/20/2016 12:30 PM
15	Had a great year	10/20/2016 12:21 PM
16	all excellence	10/20/2016 12:20 PM
17	Not typically an issue	10/20/2016 11:32 AM

Q7 To what extent were safe competitive techniques taught



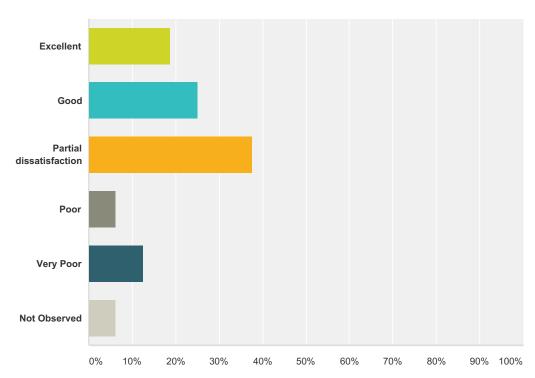
Answer Choices	Responses
Excellent	87.50% 14
Good	12.50% 2
Partial dissatisfaction	6.25 % 1
Poor	0.00%
Very Poor	0.00%
Not Observed	0.00%
Total Respondents: 16	

Q8 To what extent were safe practice sessions conducted.



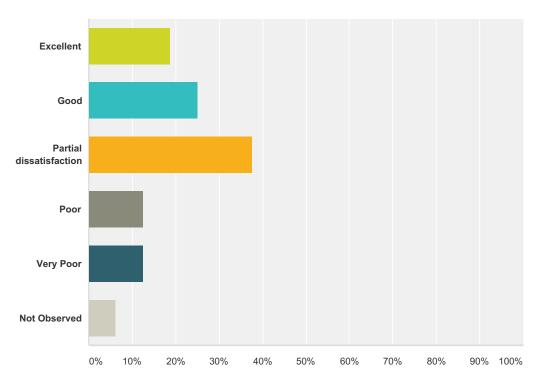
Answer Choices	Responses
Excellent	62.50% 10
Good	37.50% 6
Partial dissatisfaction	0.00%
Poor	0.00%
Very Poor	0.00%
Not Observed	6.25 % 1
Total Respondents: 16	

Q9 To what extent were training room facilities available to all athletes.



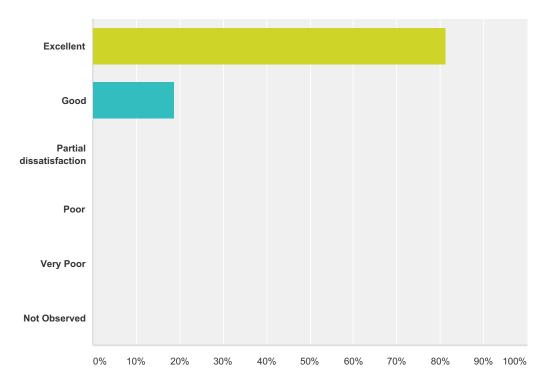
Answer Choices	Responses
Excellent	18.75% 3
Good	25.00% 4
Partial dissatisfaction	37.50% 6
Poor	6.25 % 1
Very Poor	12.50% 2
Not Observed	6.25 % 1
Total Respondents: 16	

Q10 To what extent were athletic trainer services available to all athletes.



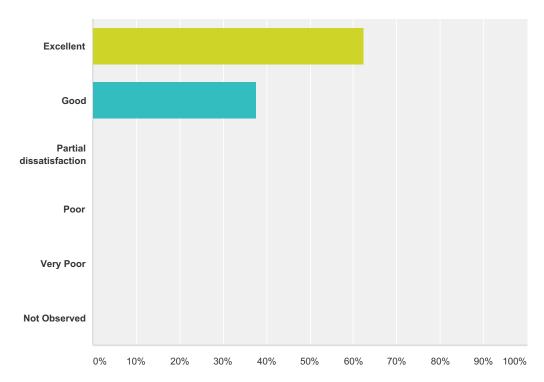
Answer Choices	Responses
Excellent	18.75% 3
Good	25.00% 4
Partial dissatisfaction	37.50% 6
Poor	12.50% 2
Very Poor	12.50% 2
Not Observed	6.25%
Total Respondents: 16	

Q11 To what extent was your physical conditioning affected in endurance.



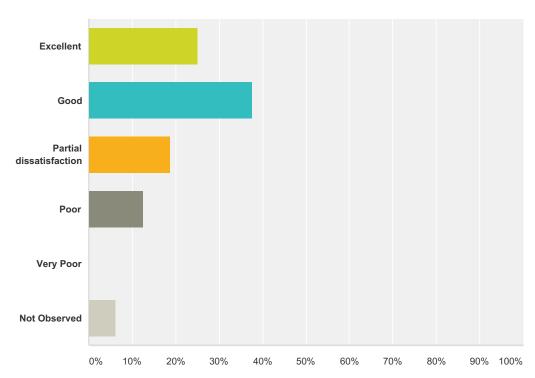
Answer Choices	Responses
Excellent	81.25% 13
Good	18.75% 3
Partial dissatisfaction	0.00%
Poor	0.00%
Very Poor	0.00%
Not Observed	0.00%
Total Respondents: 16	

Q12 To what extent was your physical conditioning affected in quickness.



Answer Choices	Responses	
Excellent	62.50%	10
Good	37.50%	6
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q13 To what extent was your physical conditioning affected in muscular power

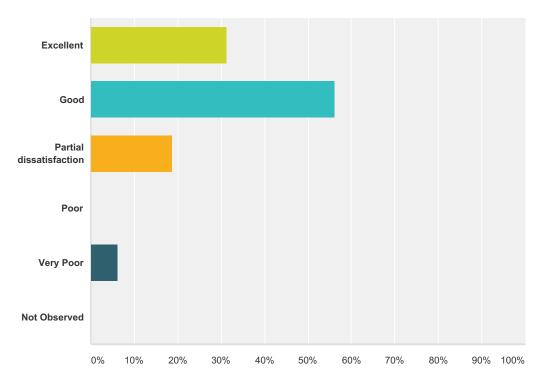


Answer Choices	Responses
Excellent	25.00% 4
Good	37.50% 6
Partial dissatisfaction	18.75% 3
Poor	12.50% 2
Very Poor	0.00%
Not Observed	6.25% 1
Total Respondents: 16	

Q14 Comments:

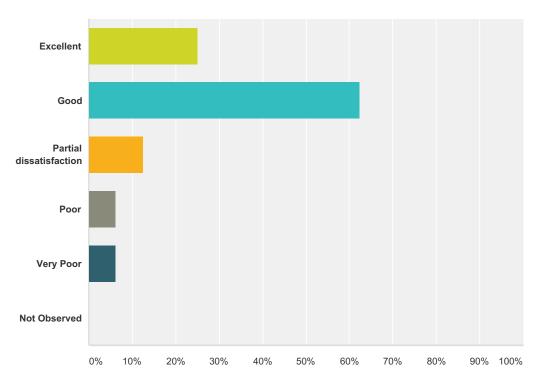
#	Responses	Date
1	The main focus of the training staff seemed to be on the football team all of the time. Very annoying when you needed to get something checked out, but someone on the football team needed a water bottle	10/26/2016 8:34 AM
2	Athletic services were often not available for us	10/25/2016 9:02 AM
3	I did not "get big" :(10/24/2016 8:40 PM
4	I beleve that the school doesn't give the cross country team enough credit for being one of the highest achieving teams in country.	10/24/2016 10:23 AM
5	Don't need Muscular Power as much in cross country. A kid on our team was hurt and bleeding and the athletic trainers actually seemed annoyed and that he was bothering them. Also they weren't even in the office they were all the way out in the practice fields.	10/23/2016 6:22 PM
6	why do i have to comment? theres nothing to put here	10/21/2016 3:06 PM
7	Everything is good	10/21/2016 12:46 PM
8	Everyday at practice we were trained to our peak physical condition	10/21/2016 12:26 PM
9	Not much	10/21/2016 7:53 AM
10	none	10/21/2016 7:37 AM
11	The training staff and the use of athletic facilities for the Cross Country team have been less then acceptable. Trainers continue to be very rude and contentious when they have to do anything besides watch football practice. The water horses during out practice are never out out, and once they locked the locker rooms after school with our stiff inside for no apparent reason. If that wasn't annoying enough, when we went to ask for them to unlock the door to get in, the training staff was very rude in their response and treated us with a lot of disrespect. The trainers respect and treatment of our team, is a huge down grade to my performance to this school's athletics.	10/21/2016 7:37 AM
12	we did not really have any efficient cross training facilities available during the summer with the new underground track construction but after that facilities were very good.	10/20/2016 8:23 PM
13	none	10/20/2016 2:17 PM
14	Conditioning went well	10/20/2016 12:22 PM
15	Not a lot of options for cross training if injured	10/20/2016 12:21 PM
16	Didn't have access to all facilities	10/20/2016 11:33 AM

Q15 Please assess the condition of equipment



Answer Choices	Responses	
Excellent	31.25%	5
Good	56.25%	9
Partial dissatisfaction	18.75%	3
Poor	0.00%	0
Very Poor	6.25%	1
Not Observed	0.00%	0
Total Respondents: 16		

Q16 Please assess the cleanliness of athletic facilities

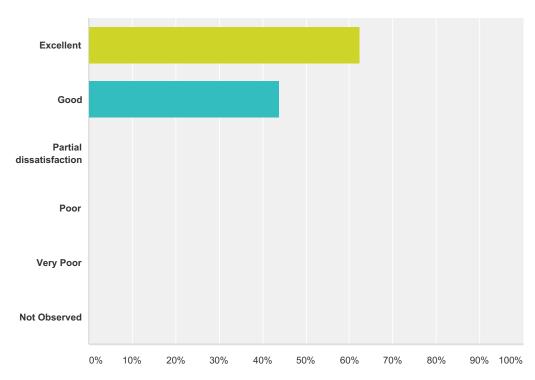


Answer Choices	Responses
Excellent	25.00% 4
Good	62.50% 10
Partial dissatisfaction	12.50% 2
Poor	6.25% 1
Very Poor	6.25% 1
Not Observed	0.00%
Total Respondents: 16	

Q17 Comments:

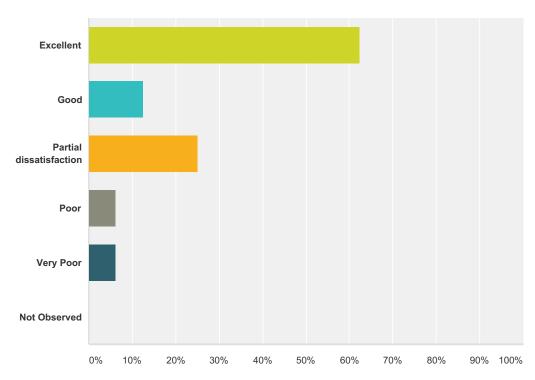
#	Responses	Date
1	Nice renovation of the underground track.	10/26/2016 8:35 AM
2	Everything was nice	10/25/2016 9:02 AM
3	Top of the line	10/24/2016 8:40 PM
4	We have been using the same uniforms and gear for over a decade so some new equipment is due right about now. The men's athletic locker is absolutely disgusting in regards to how the football team throws food and trash all over the place and bashes the lockers pretty much all the time.	10/24/2016 10:25 AM
5	none	10/23/2016 6:22 PM
6	no equipment for cross	10/21/2016 3:06 PM
7	Everything is pretty clean.	10/21/2016 12:47 PM
8	It would nice if we were given access to water on a daily basis without having to rely on the football team being there	10/21/2016 12:29 PM
9	Ok	10/21/2016 7:53 AM
10	none	10/21/2016 7:37 AM
11	No comment	10/21/2016 7:37 AM
12	the underground track equipment is a little old and we don't have a ton of ellipticals to use but the facility is very nice and clean.	10/20/2016 8:25 PM
13	For those injured an eliptigos/elipticals would be great	10/20/2016 2:18 PM
14	Felt comfortable in the environment	10/20/2016 12:22 PM
15	clean	10/20/2016 12:21 PM
16	No issue	10/20/2016 11:33 AM

Q18 To what extent did you understand you role on the team.



Answer Choices	Responses	
Excellent	62.50%	10
Good	43.75%	7
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

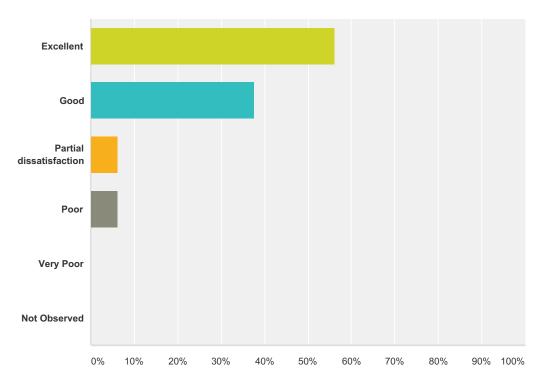
Q19 To what extent did you feel recgnized for effort and hard work



Answer Choices	Responses
Excellent	62.50% 10
Good	12.50%
Partial dissatisfaction	25.00% 4
Poor	6.25 % 1
Very Poor	6.25 % 1
Not Observed	0.00%
Total Respondents: 16	

Q20 To what extent did you feel you made meanful contributions to the team.

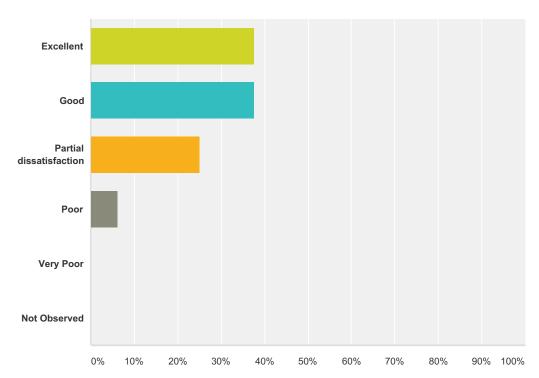




Answer Choices	Responses	
Excellent	56.25%	9
Good	37.50%	6
Partial dissatisfaction	6.25%	1
Poor	6.25%	1
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q21 To what extent did you feel all team members contributed to the team.

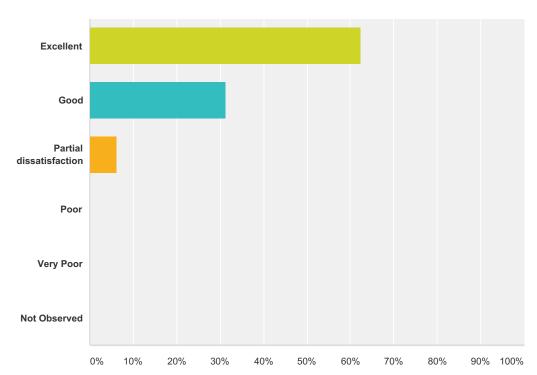




Answer Choices	Responses	
Excellent	37.50%	6
Good	37.50%	6
Partial dissatisfaction	25.00%	4
Poor	6.25%	1
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

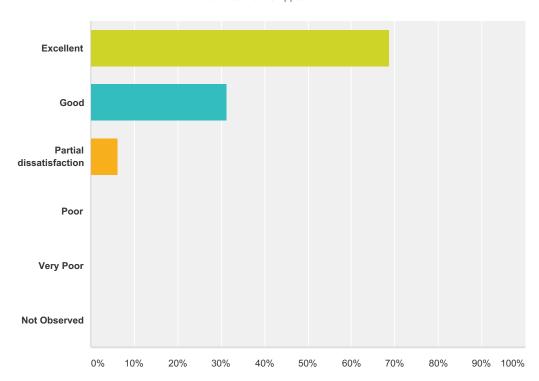
Q22 To what extent did you feel player selection was bases on skill, knowledge, or physical capabilities.





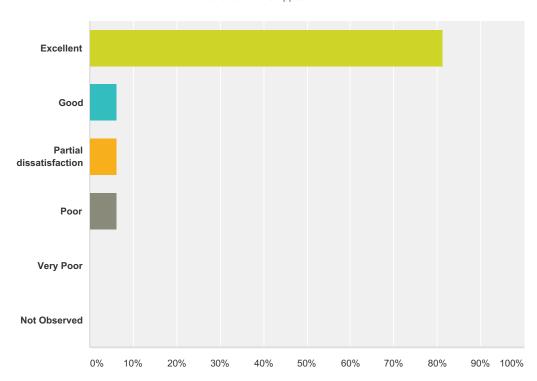
Answer Choices	Responses	
Excellent	62.50%	10
Good	31.25%	5
Partial dissatisfaction	6.25%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q23 Fairness of player selections



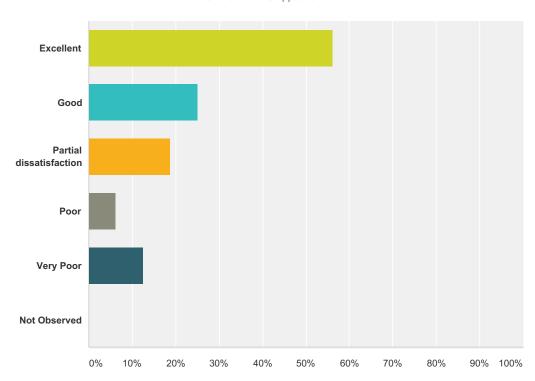
Answer Choices	Responses	
Excellent	68.75%	11
Good	31.25%	5
Partial dissatisfaction	6.25%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q24 Coach(es) encouragement of player



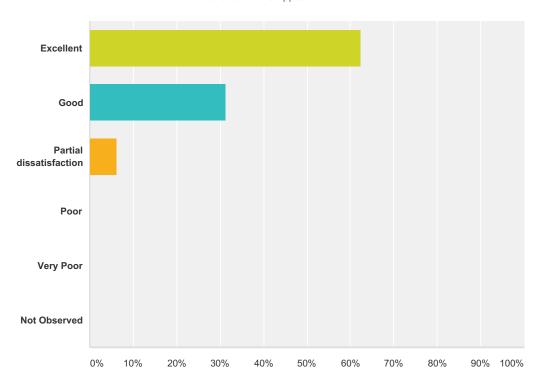
Answer Choices	Responses	
Excellent	81.25%	13
Good	6.25%	1
Partial dissatisfaction	6.25%	1
Poor	6.25%	1
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q25 Equal treatment of players



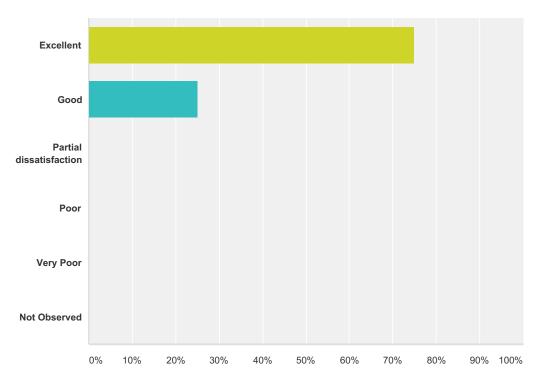
Answer Choices	Responses	
Excellent	56.25%	9
Good	25.00%	4
Partial dissatisfaction	18.75%	3
Poor	6.25%	1
Very Poor	12.50%	2
Not Observed	0.00%	0
Total Respondents: 16		

Q26 Humane treatment of players



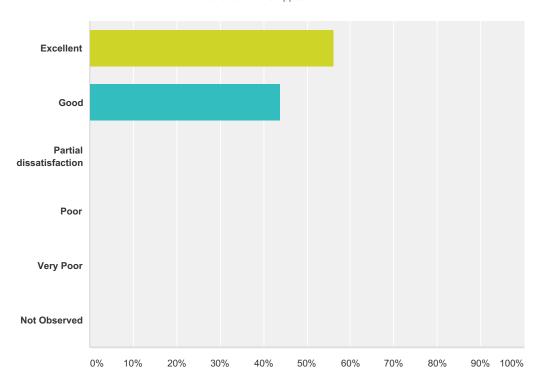
Answer Choices	Responses	
Excellent	62.50%	10
Good	31.25%	5
Partial dissatisfaction	6.25%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q27 enhancement of player confidence by coaches



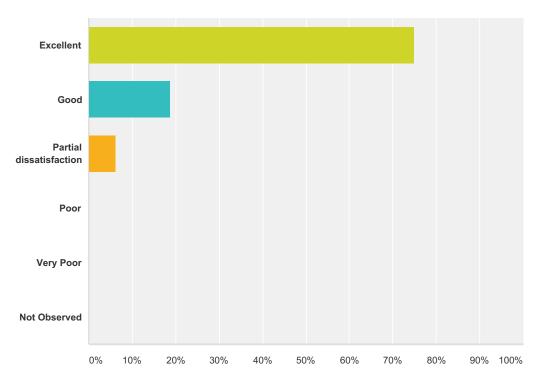
Answer Choices	Responses
Excellent	75.00% 12
Good	25.00% 4
Partial dissatisfaction	0.00%
Poor	0.00% 0
Very Poor	0.00%
Not Observed	0.00%
Total Respondents: 16	

Q28 monitor the conduct of athletes



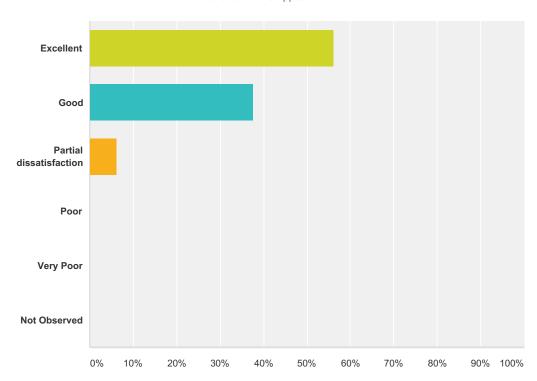
Answer Choices	Responses	
Excellent	56.25%	9
Good	43.75%	7
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q29 monitor the academic performance of athletes



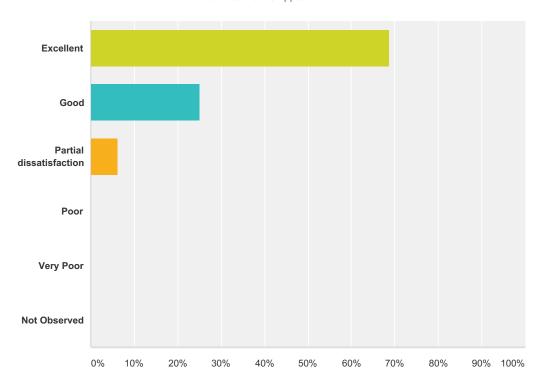
Answer Choices	Responses
Excellent	75.00% 12
Good	18.75% 3
Partial dissatisfaction	6.25%
Poor	0.00%
Very Poor	0.00%
Not Observed	0.00%
Total Respondents: 16	

Q30 model appropriate behavior



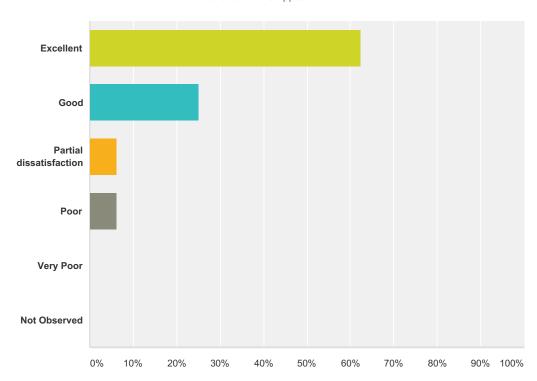
Answer Choices	Responses	
Excellent	56.25%	9
Good	37.50%	6
Partial dissatisfaction	6.25%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q31 communicate with players



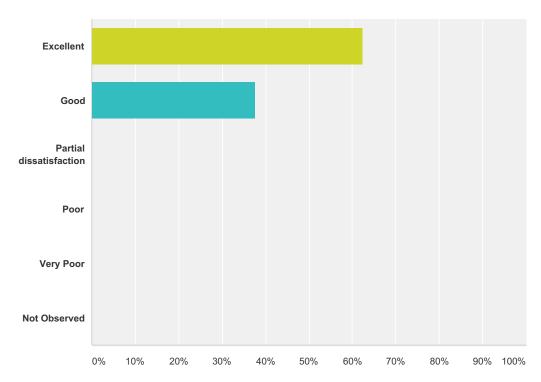
Answer Choices	Responses	
Excellent	68.75%	11
Good	25.00%	4
Partial dissatisfaction	6.25%	1
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q32 communicate with parents



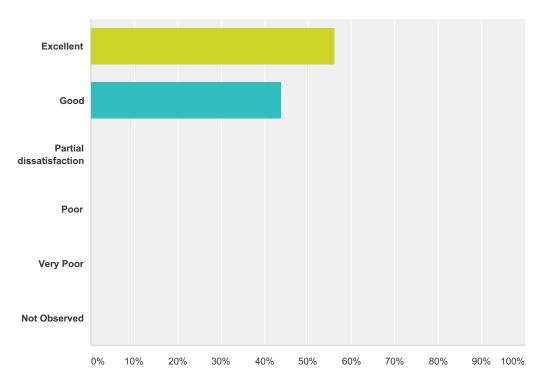
Answer Choices	Responses	
Excellent	62.50%	10
Good	25.00%	4
Partial dissatisfaction	6.25%	1
Poor	6.25%	1
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q33 counsel players concerning conditioning needs



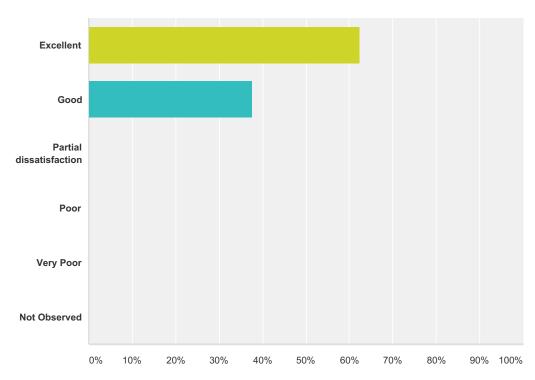
Answer Choices	Responses	
Excellent	62.50%	10
Good	37.50%	6
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q34 counsel players concerning skill development



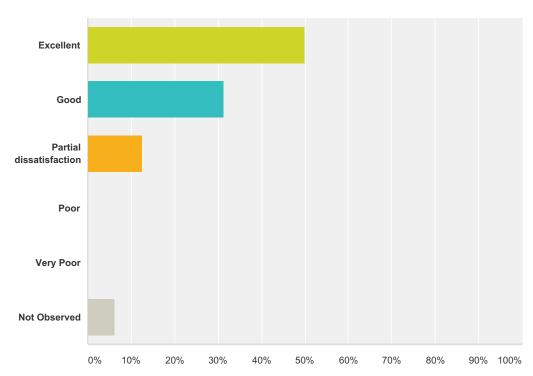
Answer Choices	Responses	
Excellent	56.25%	9
Good	43.75%	7
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q35 counsel players concerning playing time



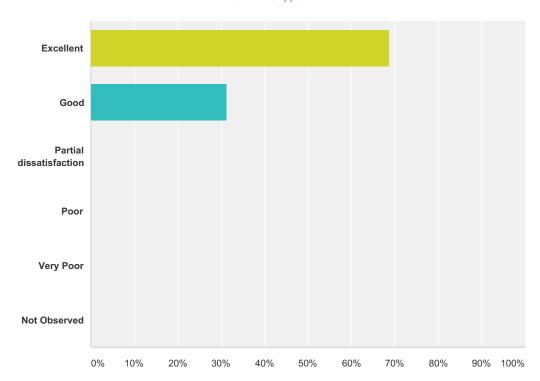
Answer Choices	Responses	
Excellent	62.50%	10
Good	37.50%	6
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q36 counsel players concerning post-high school plans



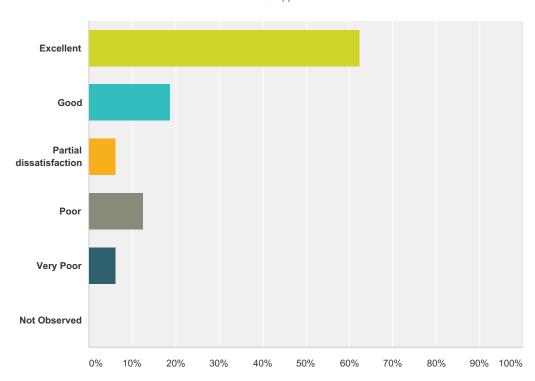
Answer Choices	Responses	
Excellent	50.00%	8
Good	31.25%	5
Partial dissatisfaction	12.50%	2
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	6.25%	1
Total Respondents: 16		

Q37 insist on good sportsmanship



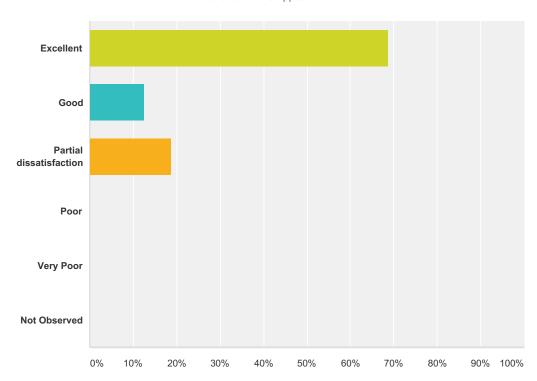
Answer Choices	Responses	
Excellent	68.75%	11
Good	31.25%	5
Partial dissatisfaction	0.00%	0
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q38 treat all players fairly



Answer Choices	Responses	
Excellent	62.50%	10
Good	18.75%	3
Partial dissatisfaction	6.25%	1
Poor	12.50%	2
Very Poor	6.25%	1
Not Observed	0.00%	0
Total Respondents: 16		

Q39 Overall Experience:



Answer Choices	Responses	
Excellent	68.75%	11
Good	12.50%	2
Partial dissatisfaction	18.75%	3
Poor	0.00%	0
Very Poor	0.00%	0
Not Observed	0.00%	0
Total Respondents: 16		

Q40 Comments:

#	Responses	Date
1	Had a very good 4 years on the team. We Won a trophy my freshman year, and we're going to Win one this year.	10/26/2016 8:38 AM
2	I got a lot of insults for doing volleyball	10/25/2016 9:04 AM
3	This was too long	10/24/2016 8:44 PM
4	Due to injuries I have obtained throughout my time on the XC team I feel as though my time was cut short in a sense.	10/24/2016 10:28 AM
5	None	10/23/2016 6:25 PM
6	im not commenting	10/21/2016 3:08 PM
7	It's fun to be apart of this team and I have learned a lot these past 3 years.	10/21/2016 12:50 PM
8	Joining the Cross Country team was the best decision of my life	10/21/2016 12:34 PM
9	Yeah	10/21/2016 7:56 AM
10	No comment	10/21/2016 7:39 AM
11	none	10/21/2016 7:38 AM
12	Another great experience on the team this year, could not ask for a better way to spend every evening after school.	10/20/2016 8:28 PM
13	none	10/20/2016 2:21 PM
14	Loved the coaches and my teamates	10/20/2016 12:25 PM
15	great	10/20/2016 12:23 PM
16	Good	10/20/2016 11:34 AM