



## JVA March Club of the Month



**Triangle Volleyball Club  
Morrisville, North Carolina**

[Website](#)

[Email](#)

Formed in 2002, Triangle Volleyball Club is celebrating the club's 10 year anniversary. With its dedication to 'educating the whole person through excellence in the sport of volleyball', year by year the club has consistently expanded its programs and offerings, and has led the way for junior volleyball on the east coast. The club operates as a non-profit organization and is located in the heart of the triangle (Raleigh-Durham-Chapel Hill). The club's [Board of Directors](#) is comprised of volleyball and business professionals from within the Triangle community and beyond. The Board of Directors is charged with ensuring organizational and financial stability, longevity and continuity of mission and operations.



In January of 2006 Triangle opened its own four-court dedicated volleyball facility, the first of its kind in North Carolina. Having its own facility offers the club tremendous opportunities for player development and serves to foster regional growth in the sport. The state of the art 17,000 square foot facility features a climate controlled environment and an orthopedic floor to reduce fatigue and risk of injury. Triangle VBC is one of the hosts for the [Mid-Atlantic Power League](#) (MAPL Raleigh stop), which due to the high volume of teams, is held at the Raleigh Convention Center. The Power League is the largest, most competitive tournament in North Carolina. Even though the MAPL-Raleigh is at the RCC, Triangle is still able to host over 15 tournaments annually.

Triangle's facility stays busy year-round with volleyball programming for all ages. Programs such as Triangle's Youth Volleyball Program (YVP), Setting Academy, and year-round camps and clinics including the extensive Summer Camp program, offer hundreds of players from across the region opportunities to train and develop. YVP, for boys and girls grades two through eight, has seen nearly one thousand participants since its start in January, 2006. This program



utilizes Triangle's coaching staff and high school student-athletes to provide skills-based training through a series of clinics, league-style play and instructional training sessions. The club has also pioneered the establishment of a 12s division and a VolleyTots program in the state of North Carolina.

Triangle Volleyball Club is JVA's award winning club for more than its accomplishments on the volleyball court. The club visibly and actively contributes to the betterment of the community through philanthropic work and participation in civic activities. Last year they participated in an environmental theme 'Going Green', which launched an environmental awareness program on the impact of sports drink bottles on the environment. With that in mind the club, and other MAPL hosts gave away reusable water bottles to every participant and FREE dry Gatorade (4500 servings!). "The maintenance staff kept telling me how much cleaner the gym was and how little trash/recycles they took out. It was really great!" says Club Director Sherry Fadool.



One of the club's initiatives this year is the 'Volleyball for All' theme for the MAPL- Raleigh tournament coming up on March 10-11. The event will host 108 elite girls' volleyball teams from New York to Georgia on 22 courts at the RCC. MAPL's 'Volleyball for All' theme, will expose over 3000 student athletes, parents, and spectators to sitting volleyball and other adaptive sports suitable for those with physical limitations. Triangle has partnered with a Paralympic sport club based in Durham, NC, to help promote sitting volleyball throughout the Triangle Area. The USA and Netherlands Women's Paralympic Volleyball teams will be competing in four exhibition matches on MAPL Raleigh's sitting volleyball center court at the RCC throughout the tournament weekend. 'Volleyball for All' theme includes classroom and on-court coaching and skills clinics. Read full release [here](#).

Opportunities for student-athletes to pass on their training to others along with annual service initiatives are important elements of the Triangle volleyball program. Triangle's actions speak for itself, and it is clear that this organization is committed to the growth of junior volleyball. We look forward to seeing what other initiatives Triangle will roll out this year and how the leadership will continue to impact junior volleyball on a regional and national level.

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