

Congratulations

2023

ATHLEADERS



Ben Brzenski

2025 Libero/Defense Specialist

Wave Volleyball Club

3.95 GPA



Ben is an excellent student, having earned Student of the Year in both English and Spanish. Ben was a representative on the Wave Leadership Council for his U14 team in 2021. This leadership council worked to improve both the club as well as the relations between the teams. Ben is currently working on completing this Eagle Scout and is a Scout Troop Guide. He has numerous volunteer roles including, assistant coach for Wave U12 and the San Diego Food Bank. Ben helped rebuild part of Crest Canyon staircase which was decaying due to environmental impact, designed and rebuilt the garden for Cristo Rey school, and designed and built lost and found boxes for Sycamore Ridge Elementary School. Ben is also part of the TPHS Red Cross Club. Ben is currently working on establishing a program to help improve anxiety for pediatric cancer patients undergoing proton and radiation therapy. He is working with a local medical team of a radiation oncologist and an anesthesiologist to build a Lego model of the radiation therapy rooms where kids are treated. Ben also helped raise money through Team in Training which helped pediatric and adult patients with leukemia and lymphoma through. Ben also helped organize multiple beach clean-up opportunities with middle school and high school scouts as part of "I Love a Clean San Diego".