

Congratulations

2023

ATHLEADERS



Navreen Biring

2025 Middle Blocker

Minnesota Select Volleyball Club

3.99 GPA



Navreen is an Honor Roll student with a rigorous academic course load including Honors and AP classes. As an ambassador and member of the Greater Twin Cities Youth Symphonies, she plays the violin and gives presentations about the program and how to audition. She is also part of the Mounds Park Academy Chamber Orchestra. Navreen was nominated to participate in the String Day Festival at the University of St Thomas where she played music with the University of St Thomas Orchestra. Navreen completed the Medical Research: Clinical Trials Resulting in Medical Discoveries course at the Georgetown University Pre-College Program in the summer 2022 where she presented on acral lentiginous melanoma. Navreen works at Skinwise Organics and is an active volunteer in her community, including Feed My Starving Children, Habitat for Humanity, Restore, and the Shoreview Ramsey County library. She is also a tutor for the Reading Buddies where she tutors elementary school students weekly after school. During the pandemic, Navreen volunteered as a participant for the Moderna COVID-19 vaccine trial to help in medical research. She is a member of her high school Debate Team, is a Staff Writer for the MPA Freethinker Student Newspaper, and is a member of the STEMEd/HOSA (Health Occupations Students of America) club.